

PHYSICAL EDUCATION CURRICULAR MAP

KEY STAGE 2

AUTUMN TERM

SPRING TERM

SUMMER TERM

	½ TERM		½ TERM		½ TERM		½ TERM					
<u>Year 3</u>	Competitive Activities IN *	OAA *	Creative Activities D *	Creative Activities G *	Creative Activities D *	Creative Activities G *	SWIMMING *	Competitive Sport Games Making *	OAA *	NET Competitive Activities *	F/S Competitive Activities *	Competitive Activities ATHLETICS *
<u>Year 4</u>	Competitive Activities IN *	OAA *	Creative Activities D *	Creatove Activities G *	Creative Activities D *	Creative Activities G *	SWIMMING *	Competitive Sport Games Making *	OAA *	NET Competitive Activities *	F/S Competitive Activities *	Competitive Activities ATHLETICS *
<u>Year 5</u>	Competitive Activities IN *	OAA *	Creative Activities D *	Creative Activities G *	Creative Activities D *	Creative Activities G *	SWIMMING *	Competitive Sport Games Making *	OAA *	NET Competitive Activities *	F/S Competitive Activities *	Competitive Activities ATHLETICS *
<u>Year 6</u>	Competitive Activities IN *	OAA *	Creative Activities D *	Creative Activities G *	Creative Activities D *	Creative Activities G *	SWIMMING *	Competitive Sport Games Making *	OAA *	NET Competitive Activities *	F/S Competitive activities	Competitive Activities ATHLETICS *

- This model is based on 2 lessons per week of physical education.
- The aspiration of WAG and PESS is that 2 hrs of physical education should be included within curriculum time
- Frequent and regular physical activity as part of the health, fitness and well being programme of study, schools will need to look at experiences for children before, during and after school. Schemes such as Wake Up Shake Up, Dal i Fynd, 30-40-50 club, Playdayz, In The Zone and Dragon Sport, as well as traditional extra curricular activities in the major games may well figure within this range of experiences and which will contribute significantly to the health and fitness of young people.
- Planning needs to ensure breadth and balance and able to respond to the vagaries of weather.
- **NB swimming is not an option** and schools need to make arrangements to ensure that children meet the targets set by the end of KS2.
- The asterisk* represents Health Fitness and Wellbeing i.e. in every lesson as part of warm up, cool down.