

## Play to Learn Course - Flip chart notes

### Why is physical development important

Builds confidence  
Active child is a happy child  
Build team work  
Social skills  
Co-ordination  
Gross – fine motor skills  
Cognitive  
Opportunity to excel  
Self esteem  
Release and challenge

### Partnerships

Demo lessons for parents – adults take part  
Cards to send home – bag with resources in it  
Story sack idea with teddy  
Walk to school day  
Involve parents at after school club  
Target skill/sheet/ideas on the window  
Website coming out with animated characters like Megan  
Adapt activity cards to send home  
Family challenge  
Parents into school  
Out of school club/older pupils  
Learning stories  
Photographs  
Props in a box  
School website/copy of cd

### Out of school hours learning

Positive out of school hours	Negative out of school hours
Developing parent/children relationships	Are children capable of staying behind after school – will they get tired.
Relationships with schools	Getting parents to come on board
Getting children physically active	Realistic about work load
Develop children's skills	Parents see after school clubs as free child care and not become involved
Embeds the philosophy	Travel logistics
Helps educate the parents about physical development	
Well being and PSE	
Helps parents understand child development skills and	

## **Who needs to be informed**

Headteachers

After school clubs

Governors

Lunchtime supervisors

Parents

Teachers foundation phases/KS2

Teaching assistants

PE coordinators

Foundation phase leaders/managers

Trainee teachers

PE coordinators

Future colleagues

Healthy schools coordinator

## **Cascading strategies**

Staff meeting

Inset

Workshop for midday supervisors

Open evening for parents

Model activities during inset

Use resources don't leave on shelf

Active assembly involving parents