USEFUL CONTACT INFORMATION
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keep your home free from
condensation
damp
&mould
First steps against MOULD

1. First treat any mould you may already have in your home. If you then deal with the basic problem of condensation, mould should not reappear.

2. Carefully remove excess mould with a damp cloth and throw away after.

3. To kill and remove mould, wipe down walls and window frames with fungicidal and follow the manufacturer's instruction precisely.

4. Dry-clean mildewed clothes and shampoo carpets. Disturbing mould by brushing or vacuum cleaning can increase the risk of respiratory problems.

5. After treatment, redecorate using a good quality fungicidal paint to help prevent mould recurring. Note that this paint is not effective if overlaid with ordinary paints or wallpaper.

The only lasting way of avoiding severe mould is to eliminate dampness.

Some words of warning:

1. Do not block permanent ventilators.

2. Do not completely block chimneys. Instead, leave a hole about two bricks in size and fit a louvered grille over it.

3. Do not draught-proof a room where there is a cooker or a fuel burning heater, for example, a gas fire.

4. Do not dry wet clothes on a radiator.

5. Do not brush mould as this releases spores.
Is your home damp? Damp can cause mould on walls and furniture and make timber window frames rot. Damp housing can encourage the growth of mould and mites, and increase the risk of respiratory illness.

Some damp in caused by condensation. This leaflet explains how condensation forms and how you can keep it to a minimum, so reducing the risk of dampness and mould growth.
How to avoid CONDENSATION

These three steps will help you reduce the condensation in your home.

1. Produce less moisture
   - Cover pans and do not leave kettles boiling.
   - Avoid using paraffin and portable flue-less bottled gas heaters as these heaters put a lot of moisture into the air.
   - Dry washing outdoors on a line, or put it in the bathroom with the door closed and the window open or fan on.
   - Vent any tumble dryer on the outside, unless it is the self-condensing type. DIY kits are available for this.

2. Ventilate to remove moisture
   - Keep a small window ajar or a trickle ventilator open when someone is in the room.
   - Ventilate kitchens and bathrooms when in use by opening the windows wider. Or better still, use a humidistat controlled electric fan. These come on automatically when air becomes humid, and are cheap to run.
   - Close the kitchen and bathroom doors when these rooms are in use, even if your kitchen or bathroom has an extractor fan, as this will help prevent moisture reaching other rooms, especially bedrooms, which are often colder and more likely to get condensation.

What is CONDENSATION?

There is always some moisture in the air, even if you cannot see it. If the air gets colder, it cannot hold all the moisture and tiny drops of water appear. This is condensation. You notice it when you see your breath on a cold day, or when the mirror mists over when you have a bath.

Condensation occurs mainly during the cold weather, whether it is raining or dry, it does not leave a ‘tidemark’. It appears on cold surfaces and in places where there is little movement of air. Look for it in corners, on or near windows, in or behind wardrobes and cupboards. It often forms on north-facing walls.

Is it CONDENSATION?

Condensation is not the only cause of damp. It can also come from:
- Leaking pipes, wastes or overflows
- Rain seeping through the roof where a tile or slate is missing.
- Overflow from a blocked gutter, penetrating around window frames, or leaking through a cracked pipe
- Rising damp due to a defective damp-course or because there is no damp course, this will only affect basements and ground floor rooms.

These causes of damp often leave a ‘tidemark’.

If your home is newly built or recently refurbished it may be damp because the water used during its construction (for example, in plaster) is still drying out.

If your home is damp for any of these reasons it may take weeks of heating and ventilation to dry out. Hiring a dehumidifier will help.

If you do no think the damp comes from any of these causes, then it is probably condensation.
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How to avoid CONDENSATION

These three steps will help you reduce the condensation in your home.

1. Produce less moisture

Some ordinary daily activities produce a lot of moisture very quickly.

- Cover pans and do not leave kettles boiling.
- Avoid using paraffin and portable flue-less bottled gas heaters as these heaters put a lot of moisture into the air.
- Dry washing outdoors on a line, or put it in the bathroom with the door closed and the window open or fan on.
- Vent any tumble dryer on the outside, unless it is the self-condensing type. DIY kits are available for this.

2. Ventilate to remove moisture

You can ventilate your home without making draughts.

- Keep a small window ajar or a trickle ventilator open when someone is in the room.
- Ventilate kitchens and bathrooms when in use by opening the windows wider. Or better still, use a humidistat controlled electric fan. These come on automatically when air becomes humid, and are cheap to run.
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Is your home damp? Damp can cause mould on walls and furniture and make timber window frames rot. Damp housing can encourage the growth of mould and mites, and increase the risk of respiratory illness.

Some dampness is caused by condensation. This leaflet explains how condensation forms and how you can keep it to a minimum, so reducing the risk of dampness and mould growth.

1. Ventilate cupboards and wardrobes. Avoid putting too many things in them as this stops the air circulating.

2. Leave a space between the back of furniture and the wall. Where possible, position wardrobes and furniture against internal walls.

3. If you replace your window units at any time, make sure that the new frames incorporate trickle ventilators.

3. Insulate, draught-proof and heat your home

Insulation and draught-proofing will help keep your home warm and will also cut fuel bills. When the whole home is warmer, condensation is less likely.

- Insulate your loft. Remember to draught-proof the loft hatch but do not block the opening under the eaves.

- Ensure you keep your home adequately heated.

- Consider secondary and double glazing of windows to reduce heat loss and draughts but you must ensure that there is some ventilation.

- In cold weather, keep low background heating on all day, even when there is no one at home.
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- After treatment, redecorate using a good quality fungicidal paint to help prevent mould recurring. Note that this paint is not effective if overlaid with ordinary paints or wallpaper.

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