

Draft Community Meals Service Guidelines

Appendix G

These guidelines do not exclude other ways of providing services. The aim should be to design tailored services to meet individual needs.

Level of assessed need	Nutrition only	Nutrition + social interaction	Nutrition + reablement	Nutrition + social interaction + reablement
Critical	hot meals service +/-or frozen meals meal heating shopping meals equipment	specialist day care project worker support lunch clubs transport	frozen meals & meal heating support (depending on other needs)	Combination of services outlined in other columns
Substantial	hot meals service +/-or frozen meals meal heating shopping meals equipment	day care project worker support lunch clubs transport	frozen meals & meal heating support or domiciliary care meal preparation	
Moderate	frozen meals domiciliary care	day care lunch clubs transport	short term domiciliary care support (may need longer term support e.g. strokes)	
Low	information & signposting to e.g. frozen meals, teleshopping etc.	lunch clubs transport		

