

## Appendix B

### **Community Food and Nutrition Skills Course (Open College Network, Level 2 Accredited)**

A course in Community Food and Nutrition Skills developed and run by Community Dietitians is currently being piloted within North East Wales.

The course is specifically targeted at those working with groups of people in the community, which could include volunteers and paid staff from lunch clubs, sheltered housing schemes, Home Care staff / support workers.

The programme provides a focus on the nutritional needs of older adults, but is essentially concerned with increasing basic knowledge on nutrition, food and health issues.

More courses may be arranged if there is sufficient interest, but would require a small grant to fund student places.

For further information please contact:

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