



Promoting health, social care and well-being for adults



Hot, Chilled and
Frozen Meals
Providers,
& Lunch Clubs

April 2009



Delivered Meals Providers

Wrexham County Borough Council advertised for providers of delivered meals to register their interest in supplying a meals service to Wrexham residents. Providers were required to complete a detailed questionnaire verifying key quality standards issues.

Quality standard information requested included:

- Registration with the Local Food Enforcement Authority and compliance with food labelling standards
- Safeguarding of Vulnerable People Policy & Practice
- Compliance with Health and Safety requirements.

The providers listed below stated that they met the required standards and some basic cross checks were carried out, though Wrexham County Borough Council are unable to endorse the providers service. The list will be monitored at least annually, to ensure providers' details are correct and providers may be added or removed accordingly.

For full details of the information requested of providers, please contact: Contracts Manager, Wrexham County Borough Council Department of Social Care, C/o The Guildhall, Wrexham, LL11 1AY

An up to date version of this list and alternative formats of the list are available from:

Contact Assessment Team (CAT), 1st Floor Crown Buildings, Chester Street, Wrexham, LL13 8BG

Telephone: 01978 292066 / Minicom: 01978 265083 / Typetalk: 18002 01978 265083. Email: socialservices@wrexham.gov.uk

This will also soon be available on our website: www.wrexham.gov.uk/english/council/social_services/leaflet_index.htm

Compliments and Complaints

Each provider operates a compliments and complaints process, which you are encouraged to use, to report a particularly good service or in the first instance of any dissatisfaction with the service provided.

In the event that you are not satisfied with the response to your complaint, please contact: Customer Services Manager, Wrexham County Borough Council Department of Social Care. C/o The Guildhall, Wrexham, LL11 1AY

Notice for prospective meals Providers:

If you wish to be added to the attached list, please request a provider questionnaire from the Contracts Manager, as above

Your health and well-being:

- If your needs change and you require assistance with ordering, storage or cooking of meals, please contact the Contact Assessment Team (as above).
- If you feel that your nutritional needs have or are changing, your weight has suddenly increased or decreased, or you are experiencing excessive thirst, tiredness or an unexplained change in energy levels, please contact your GP.

Useful Contacts:

Food Standards Agency (Wales) - The Food Standards Agency is an independent Government department set up to protect the public's health and consumer interests in relation to food. Everything we do reflects our vision of Safe food and healthy eating for all.
11th Floor, South Gate House, Wood Street, Cardiff, CF10 1EW/ Tel: 02920 678999/ www.food.gov.uk

National Association of Care Caterers - The National Association of Care Catering is a progressive organisation representing nearly 500 professionals providing catering to the care industry.
NACC, Meadow Court, Faygate Lane, Faygate, West Sussex, RH12 4SJ/ Tel: 08707 480 180/ www.thenacc.co.uk

Food Safety Section, Public Protection Department, Wrexham County Borough Council

To register a Lunch Club, or to request guidance and advice on food safety issues at any time, contact us at:
High Street, Ruabon, Wrexham LL14 6NH Tel : 01978 813709

Meals Provider	Types of meals	Diets catered for	Allergens identified	Price range	Orders accepted by	Delivery areas & frequency	Assistance offered	Additional information
Cegin Famau Kitchen Mr Elfed Williams Unit 7A, Colomendy Ind Est, Denbigh, LL16 5TA Tel & Fax: 01745 818811. email: elfed@cegin-famau.co.uk	Delivered frozen meals and some fresh farm produce	Traditional Welsh meals and locally sourced ingredients Please contact Cegin Famau for list of diets & meals available	No	<u>Meal</u> £2.15 - £3.25 <u>Desserts</u> £0.38 - £1.25 Minimum order size = £15	Phone	Wrexham County Frequency: Weekly	Meals placed in freezer if required.	Welsh language service. Fresh produce available - including bacon, sausage, yoghurts and cheese.
Wiltshire Farm Foods Wiltshire Farm Foods Unit 3, Pendle Court Evans Way Shotton Flintshire CH5 1QJ Tel: 01244 836786 Fax: 01244 815372 Email: chester@wiltshirefarmfoods.co.uk	Delivered frozen meals	Diabetic Gluten Free. Soft Diet. Pureed Low salt Low fat, Reducing Vegetarian <u>Cultural Diets:</u> Caribbean / West Indian, Kosher, Halal, Asian, Vegetarian.	Yes	<u>Meal</u> £2.05 - £4.85 <u>Desserts</u> £0.70 - £1.90 Minimum order size = £16	Phone Post Face to Face Email Internet Fax	Wrexham county Frequency: Weekly	Meals placed in freezer if required.	Limited Welsh Literature Meals brochures in large print for people with sight impairments. Further information available from Wiltshire Farm foods

Meals Provider	Types of meals	Diets catered for	Allergens identified	Price range	Orders accepted by	Delivery areas and frequency	Assistance offered	Additional information
<p>Deva House Day Centre</p> <p>Deva Way, Wrexham, LL13 9EU</p> <p>Tel: 01978 355971 Email: Kath.riley@caiapark.org</p>	Delivered hot meals	Diabetic Freshly cooked and prepared meals.	No	Hot meal & dessert £3.50 Sandwiches & cake £2.00 No minimum order.	Phone Face to Face	Caia Park, Smithfield, Rhosnesni Weekdays only		<p>Welsh language service.</p> <p>Service users can suggest menus.</p> <p>Luncheon club available.</p> <p>Further information available from Deva House</p>
<p>The Gluten Free Co.</p> <p>Peter Shaw The Yews, Breaden Heath, Whitchurch, SY13 2LG</p> <p>Tel:01948 710425 Fax: 01948 710426 E-Mail: glutenfreeman@tiscali.co.uk Website: theglutenfreeco.co.uk</p>	Delivered frozen meals	Gluten Free Meals .	Yes	£3.95 - £4.25 6 meals minimum order	Phone, Website, E-mail	All areas of Wrexham Weekly	Assistance offered to place in fridge / freezer	<p>Delivery charged at £5 for 10 miles, £10 for 20 miles. Price negotiable on large orders. Further information available from Gluten Free Co.</p>

Meals Provider	Types of meals	Diets catered for	Allergens identified	Price range	Orders accepted by	Delivery areas and frequency	Assistance offered	Additional information
<p>Oakhouse Foods</p> <p>Andrew Cree Operations Manager Unit 32 Abenbury Way, Wrexham Industrial Estate, Wrexham, LL13 9UZ Tel 0845 6432040 Email Wrexham@oakhousefoods.co.uk</p> <p>Hadi John, Marketing Manager Unit 1 Challeymead Business Park, Bradford Road, Melksham, SN12 8BU</p> <p><u>Hadi John</u> Mob:07733320758 Tel: 01225 899 835</p>	<p>Delivered Frozen main meals and sweets. Mini meals for small appetites</p>	<p>Gluten Free Low Salt Diabetic Range of 19 'free from' lists available on request and via the website identifying lists of foods which are free from specific allergens. Low fat Low calorie Vegetarian.</p>	<p>Yes</p>	<p>(Meal) £1.75 - £5.40 (Desserts) £1.20 - £4.65</p>	<p>Phone Face to Face (Driver) Internet Order form through post.</p>	<p>Wrexham county Frequency: Weekly / fortnightly as required Delivery day- Friday. No minimum order.</p>	<p>Assistance offered to place in fridge / freezer</p>	<p>Meals brochures available on tape and Braille; though not in Welsh 700w microwave £45. Table top freezer £125 Further information available from Oakhouse Foods.</p>

Luncheon Clubs

Wrexham Council has identified a list of lunch club providers across the County, below.

Whilst the Council may have provided some initial support to some of the lunch clubs in their set-up process **the Social Care Department (Social Services) does not contract with, monitor or regulate lunch clubs**. Lunch clubs are largely run by voluntary and community organisations, with some organised in community business, for example, pubs, clubs and café's.

Lunch clubs can provide social contact, a nutritious meal, some social and or leisure activity and can be a good source of health and well-being information.

As lunch clubs are set up and run largely by volunteers, the services that are offered and the costs differ across each club. The information below attempts to summarise this information, for example the approximate cost of attendance whether transport is provided etc: However it is recommended that you contact the person responsible for the luncheon club, prior to attending, to verify this information is correct.

The Council is taking a lead role in lunch club development and a Lunch Club Forum has been established. This forms part of the Council's Day Services Development Strategy, overseen by a steering group of citizens and professionals from a range of organisations and professions (including dieticians). There may also be some small one-off grants available to support the development of new lunch clubs and to support existing clubs. It is also hoped that links can be established between lunch clubs and health and well-being activities, including inter-generational activities.

Lunch Clubs are required to comply with the Food Safety Act 1990 and all relevant regulations made thereunder. Lunch Clubs should register with the Food Safety Section of Wrexham County Borough Council and seek advice before the Club begins to operate (Telephone : 01978 813709). Following registration, Lunch Clubs will be subject to food safety inspections in order to ensure compliance.

If you are interested in setting up or developing a lunch club and would like some information, an informal discussion or like to receive our lunch club development pack, please contact:

Commissioning Manager, Wrexham County Borough Council Department of Social Care, C/o The Guildhall, Wrexham, LL11 1AY

Email: commissioning@wrexham.gov.uk

OR

Age Concern North East Wales, Unit 17 Gwenfro, Croesnewydd Hall, Wrexham Technology Park, Croesnewydd Road, Wrexham LL11 3BN Tel : 0845 0549822

LUNCH CLUB CONTACT INFORMATION

Updated July 2010

Inclusion on this Lunch Club list does not imply or constitute a recommendation				
Club Name	Lunch Club Venue	Day Provided/Cost	Coordinator/Contact	Telephone / e-mail
Acton Park Lunch Club	Acton Community Centre Overton Way Acton	2 nd and 4 th Friday in the month 12.00-13.30 Cost of meal £3.00	Susan Allen	01978 756719 seren_sais@hotmail.com
Bethel Presbyterian Church Lunch Club	Bethel Presbyterian Church Kenyon Avenue Garden Village LL11 2SP	Tuesday Twice a month 12 – 1.45 £2 Limited transport	Gill Morris Janet Davies	01978 855267 01978 355762
Borras Park Evangelical Church Luncheon Club	Borras Park Evangelical Church Jeffreys Road Borras Park LL12 7PG	Thursday Weekly 12.30 – 1.30 Limited transport locally	Rev. Mark Thomas	01978 314692
Brymbo Luncheon Club	Brymbo Methodist Chapel High Street Brymbo LL11 5BI	Friday Weekly 11.15 – 2.45 £3.50 for 2 courses Transport	Sylvia Greenaway	01978 756523 07939649050 (M)
Brynteg Community House Lunch Club	Brynteg Community House Cafe 17 Darby Road Brynteg Wrexham	Thursday Weekly 12 – 2 £3 for 3 courses No transport	Thelma Poole	01978 756650
Club Name	Lunch Club Venue	Day Provided/Cost	Coordinator/Contact	Telephone / e-mail
Cambrian Place Lunch	Cambrian Place	Tuesday	Julie Brimfields	01978 314219

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Club	Caia Road Wrexham	Weekly 12.30 (+Bingo) £4 for two courses + drinks		0778 511 8016 (M)
Cefn Mawr Luncheon Club	The Old Canteen Activity Centre Plas Kynaston Lane Cefn Mawr LL14 3AT	Wednesday 12.30 -14.30 Cost of meal £2.50	Kris Morrison	07960 391 393 01978 810 654
Chirk Community Lunch Club	Chirk Methodist Church Chapel Lane Chirk	Wednesday 1 st & 3 rd of each month 12.30 – 1.45 £3.50 for 3 courses Transport provided for 1 st Wednesday session <u>Restrictions:-</u> 60+ if live alone 65+ if a couple No age limit if there is a problem with mobility.	Brenda Wilford Ann Davies	01691 778425 01691 773200
Club Name	Lunch Club Venue	Day Provided/Cost	Coordinator/Contact	Telephone / e-mail
Coedpoeth Young at Heart Lunch Club	Parish Hall Park Road Coedpoeth Wrexham LL11 3TD	Friday Weekly 11.00 – dinner served about 12 –finish at 2.00 £3.70 for 2 courses and drinks West Wheels transport.	Jeanette Blackford	01978 751685 0788 590 2432 jeanetteblackford@gmail.com
Darland Lunch Club	Darland High School Darland Lane Rossett	Wednesday Weekly 1.30 – 3	Angela Lang	01244 579063

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	Wrexham	£2 for 2 courses		
Deva House Lunch Club	Deva House Deva Way Caia Park Wrexham LL13 9EU	Monday – Friday Weekly 12.00 Transport locally	Kath Riley	01978 355971 kath.riley@caiapark.org
Good Companion Lunch Club	Salvation Army Citadel Garden Road Rhosddu Wrexham LL11 2NU	Wednesday Weekly 12.15 onwards £2.50 for 2 courses Transport	Karen Edwards	01978 311076
Glyn Ceiriog Lunch Club	Christian Centre New Road Llangollen LL20	Friday Fortnightly £2.50	Rowenna Lewis	01691 718796
Club Name	Lunch Club Venue	Day Provided/Cost	Coordinator/Contact	Telephone / e-mail
Gwersyllt Luncheon Club	Gwersyllt Community Resource Centre Second Avenue Gwersyllt	Every other Thursday (term time only). 11.30 - 14.00 Cost of meal £4.20 Transport : West Wheels, free concessionary travel	Gwenfair Jones	01978 755 048 gwenfair60@btinternet.com
Hightown Community Centre Lunch Club	Hightown Community Centre	Weekly, Wednesday 12.00 - 2.00 Followed by Pensioners Club until 16.00 Cost of meal £3.50	Mr Allan Atkinson	01978 350152
Holt Presbyterian Church of Wales Lunch Club	Holt Presbyterian Church of Wales Castle Street Holt	Monthly Last Thursday of every month £1.00 for 2 courses	Doris Norman	01829 270205

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	Wrexham LL13 9JS			
Lager Club Lunch Club	Lager Club 1, Union Road Wrexham LL13 7SR	Monday, weekly from 12 noon £4.00 for 2 courses	Jean	01978 363227
Club Name	Lunch Club Venue	Day Provided/Cost	Coordinator/Contact	Telephone / e-mail
Llay Church of Nazarene Luncheon Club	Llay Church of Nazarene Community Hall Nant-y-gaer Road Llay Wrexham LL12 0SG	Wednesday Weekly but not in school holidays Transport provided up to Gwersyllt £3.00 for 3 courses Meal served at 12 but people are picked up from 10am.	Clive Coleclough	clive.coleclough@btinternet.com
Marford Lunch Club	Marford Community Centre Pant Lane Marford	Every other Thursday 12.15 onwards £4.50 for 2 courses, coffee & tea	Beryl Blackmore	01978 855691 beryl.blackmore@wrexham.gov.uk
Overton : The White Horse Lunch Club	The White Horse 21 High Street Overton Wrexham L113 0DT	Every month : Second Wednesday of the month 12.00 start £6.00 for 2 courses	Mrs Gwyneth Austin	01978 710672
Penley Maelor High School Lunch Club	Maelor School Penley Wrexham LL13 0LU	Tuesday, weekly £2.40 for 2 courses	Mary Clorely	01948 830291

LUNCH CLUB CONTACT INFORMATION

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Pen-y-Cae Luncheon Club	Village Hall Pen-y-Cae	Friday, weekly. 12.00-15.00 2 course meal for £3.50	Pam Elliott	0785 1582 705
Club Name	Lunch Club Venue	Day Provided/Cost	Coordinator/Contact	Telephone / e-mail
Plas Madoc Communities First Lunch Club	Plas Madoc Leisure and Activity Centre (bar area)	Monday, weekly 12.30 -14.30 2 course meal for £3.50 Tea / coffee £1, water provided at tables. Please book by 2pm every Friday.	Sian Hughes	01978 813918 07894272748 E-mail : sian.hughes@plasmadoc.org
Plas yn Rhos Lunch Club	Plas yn Rhos Day Centre Beech Avenue Rhos Wrexham LL14 1AA	Friday Weekly 12.30 £3.40 for 3 courses Transport available	Debbie Richards	01978 845728
Rhos Community Lunch Club	Stiwt Theatre Broad Street Rhos Wrexham L114 1RB	Monday Weekly 12.00 -14.00 £4.95 for 3 courses	Jane Langford	01978 298449 jane.langford@wrexham.gov.uk
Rhostyllen Lunch Club <i>Not currently running</i>	Rhostyllen Parish Hall Vicarage Hill Rhostyllen Wrexham	Thursday Fortnightly 12 - 2 £3.20 for 2 courses Transport available from Johnstown.	Mavis Evans	01978 265283
Club Name	Lunch Club Venue	Day Provided/Cost	Coordinator/Contact	Telephone / e-mail
St John's Lunch Club	St John's Church	Wednesday	Pauline Wright	01978 356367

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<i>Not currently running</i>	Herbert Jennings Ave Off Borrass Road Rhosnesni Wrexham LL13 9ER	Monthly (every 4 th Wed) 12 onwards No transport provided		
St Margaret's Lunch Club	St Margaret's Church Chester Road Garden Village	Tuesdays Fortnightly 12.00-2.30 £2.50 for 2 courses with cup of tea	Sheila Aubrey Francis Dawson	07818071235 07754454157
Sylvester Court Lunch Club	28, Sylvester Court Hightown Wrexham LL13 8QJ	Wednesday Fortnightly £3 for 2 courses 12.30 for 13.00	Audrey Hartland	01978 357650
Trinity Church Lunch Club	Trinity Presbyterian Church Hall King Street Wrexham LL11 1SE	Tuesday Fortnightly 12.15 – 1.30 £2.50 for 2 courses No transport	Pamela Davies	01978 290241
Tyn y Capel Lunch Club	Tyn y Capel Bar & Kitchen Church Road Minera Wrexham LL11 3DA	Every Tuesday 12.00 -14.30 Meal £4.75	Shane Lloyd	01978 757502
Club Name	Lunch Club Venue	Day Provided/Cost	Coordinator/Contact	Telephone / e-mail
VIEW Lunch Club (Visually Impaired Endeavours in Wrexham)	The Nags Head Mount Street Wrexham	First Tuesday of every month 12.00-14.00 £5.25 for two courses	Jennifer Rainsbury	01978 358738
Wrexham Methodist Church Lunch Club	Wrexham Methodist Church	Wednesday Fortnightly	Jenny Benyon	01978 361489

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	Regent Street Wrexham LL11 1RY	10.30 – 2 No transport provided		
Ysgol Morgan Llwyd Lunch Club for Welsh Speakers and Welsh Learners	Ysgol Morgan Llwyd Cefn Road Wrexham LL13 9NG	Every half term (number of sessions may increase in 2010). Sessions conducted through the medium of Welsh.	<i>Jane Owen</i>	01978 315050

PLEASE CAN YOU ENSURE THAT YOU RING AHEAD TO BOOK OR CANCEL A PLACE AT THE LUNCH CLUBS