

SPORTS AWARDS 2006

On 30th May, Wrexham Sports Development in conjunction with Wrexham District Sports Council and the Wrexham Evening Leader held its 3rd annual Sports Awards Evening.

The aim of the evening is to honor and recognize the achievements and dedication shown by those people involved in sport in Wrexham. The event coincided with the national volunteer's week and helped us to raise the profile of local coaches and volunteers who work hard with sports clubs in the local community.

The Awards Evening was again held at the newly refurbished Brymbo Sports & Social Complex and



was attended by over 350 people.

Huw Jones, Chief Executive of the Sports Council for Wales was guest speaker for the evening.

He spoke about the changing agenda of the Sports Council for Wales, to include greater focus on the health initiatives as way of getting more people more active.

Guests on the evening included competitors from Wrexham who represented Wales in the Melbourne Commonwealth Games. A presentation was made to each of them by the Mayor of Wrexham in recognition

of their achievements.

This years' awards attracted over 150 nominations from various sporting fields and a large amount of telephone votes for the Senior Sports personality of the year which run in the Wrexham Evening Leader.

2006 Winners were:

- Junior Volunteer of the Year - Sian Smith
- Senior Volunteer of the Year - Rachel Pearce
- Junior Personality of the Year- Lowri Tynan
- Senior Personality of the Year - Lydia Johnson
- Team of the Year - Wrexham Junior Commonwealth Fencing Team
- Club of the Year - Wrexham Fencing Club
- Coach of the Year- Jayne Hanlon
- Primary School of the Year- All Saints Gresford
- Secondary School of the Year - St Christophers
- Disability Sports Personality of the Year - Stephen Davies
- Sportsmanship Award - Ashley Edwards
- Service to Sport - Ray Jones

The Sports Development Unit is actively seeking people to join the Wrexham District Sports Council. Anyone interested in becoming a member can contact Sports Development on 01978 297366.

See centre pages for photographs of the evening.

Volunteers Accreditation



On the evening of 30th May 2006, during Wrexham Borough Council Sports Awards five volunteers on the volunteers programme were awarded with their bronze award.

To achieve the bronze award within the volunteers programme, each volunteer is required to achieve 50 hours. This would include a number of coach education courses and additional voluntary hours in and around the borough within their chosen sport.

The five volunteers who achieved their bronze award are:

- [Sian Smith](#) - Football Accreditation
- [Samuel Hayes](#) - Tennis Accreditation
- [Stacey Blundell](#) - Gymnastics Accreditation
- [Chris Poole](#) - Football Accreditation
- [Joe Evans](#) - Golf Accreditation

Bethan Sumpter, Volunteers Coordinator said "Congratulations to all of you for your hard work and setting a good standard for all volunteers to live up to! Keep up the good work".

Tri Golf



Wrexham County Borough Council, Yale College and the Golf Foundation teamed up to run a successful golf programme for primary schools & communities in the local area. Wrexham's Volunteer Programme and Sports Development had been approached by Yale College and the Golf Foundation for students on the golf academy to undertake Dragon Sport training and a tri golf course and to then go out and practice the new skills they have learnt. The students volunteered their time as part of their course requirements.



The students attended coaching sessions every week to develop the golf skills of the children and show how much fun it is to take part in golf. The students were placed in primary schools for six weeks and coached the first stage, tri golf to the primary

school children. This then followed on to a festival to finish the primary school programme. The programme was greatly received by the school children and teachers and the programme proved to be a great success.

Golf professionals from Clays Farm Golf Club were also involved in the scheme and big thanks go to them for all their help and support. Matt Ellis, from The Plassey Golf Club, Wrexham also attended some of the sessions with a view to getting involved in future programmes.



Dragon Sport Kwik Cricket Festivals



A number of local schools have been taking part in Kwik Cricket festivals during the Summer Term. These festivals have taken place at local cricket clubs. The standard of cricket continues to improve year on year. It is also pleasing to see that a growing number of girls are becoming interested in playing too.

A special thank you goes to the cricket clubs involved in the festivals and also to their band of helpers involved in the events, whether they were involved in scoring, umpiring or indeed providing refreshments.

The winning team from Wrexham - Wat's Dyke will compete in the North Wales Final in Aberystwyth on the 7th July. Successful teams in Aberystwyth will go forward to compete at Trent Bridge, before the end of the school year.

If you know of anyone interested in becoming involved with any Dragon Sport events or clubs, please contact Myra Redman Dragon Sport Co-ordinator on 01978 297353.

Primary School Competitions 2006 - Tennis



This year 14 schools entered 68 teams (272 pupils) into the Annual Key Stage 2 Tennis Competition in Wrexham. Schools competed in pool matches at the North Wales Regional Tennis Centre, with the top two teams each day from each group going through to the Wrexham Finals. Events included Mini Tennis Green (Year 6 and under), Mini Tennis Orange (Year 5 & under pupils) plus a Mini Tennis Red event (Year 3 and under). Twelve school teams qualified from this event to the North Wales Finals, which were held in Colwyn Bay on 28th June 2006.

Wrexham Finals - Winners

Mini Red (Year 3 & under)

Girls	Cynddelw
Boys	Ceiriog, Chirk
Mixed	St Peters

Mini Orange (Year 5 & under)

Mixed	St Marys A
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Mini Green (Year 6 & under)

Girls	St Marys
Boys	Ceiriog A

Wrexham's talented young rugby starts tackle Europe

Wrexham children have been learning the importance of getting off the sofa and taking part in sports as they competed in their own version of the European rugby Cup.

The Wrexham Rugby Festival was the first event in Scottish Powers' 2006/2007 sponsorship of children's rugby in North and Mid Wales.



More than 100 children from the counties primary schools took part in the event, modelled on the European rugby clubs Heineken Cup.

The youngsters all 10 and 11 years old were selected from over 350 children across the county who had taken part in a grassroots coaching programme launched in January. Staged at Wrexham's Bryn Estyn lane youngsters from Acton Primary school lifted the cup at their own colourful version of the competition after seeing off Ceiriog Primary in a nail-biting final.

All the schools taking part took on the guise of a team from the Heineken cup with Acton, playing as the Newport Gwent Dragons, winning the title ahead of the runners up Ceiriog playing as the Osprey. All Saints Gresford were in third as Biarritz, while St Marys of Overton took on all comers as the Cardiff Blues.

Marc Roberts, Rugby Development Officer who organised and managed the scheme said "This event was a fabulous and memorable day for all the players involved and their passion made each match just as thrilling as the senior game"

Girls Football Sessions & Festival at Plas Kynaston

In an attempt to improve the standard of football within Wales and provide opportunities for girls of a junior age, Carl Darlington from The Football Association of Wales Trust and Claire Burrows, Community Sports Development Officer set up a development plan for girls in the Cefn area.

Girls football is a rapidly developing sport in Wales, but to develop the sport further we needed the assistance and backing of schools. There are many girls who wish to play football but don't have opportunities or guidance to do so. Our aim was to set up after school clubs for girls to enjoy coaching sessions and get them ready to progress. We ran a 6-week coaching course for every school in the area so they could develop not only individual skills but also team skills, which they would need for the festival ahead.



On Wednesday 17th May 2006 ten teams entered the festival to play competitive football against other schools. There were 4 pitches with 4 referees (pictured) to help the day run smoothly, these were all volunteers registered on Wrexham's Volunteers Programme.

The schools were ready to start playing football at 10.30am and the teams were split into 2 groups. Each team played 4 matches with a 10min duration per match. The runners up of each group went through to the 3/4 play-offs with the winners going through to the final. The standard of football was very high and it was fantastic to see over 100 girls playing football on the day. The festival was played in great spirit and was the first ever competitive football match for most players. The Fair Play Award was chosen by the referees and was given to Cefn Mawr CP School. Festival winners were Acrefair CP School. (Pictured)



Volunteer Profile - Rhian Williams



What is your current involvement within sport?

I play Rugby for Oswestry U17 girls' team and Shropshire U17 County Team

Who inspired you to get involved in sport and why?

I have enjoyed taking part in sport from a quite a young age, so I have my Mum and Dad to thank for that. They encouraged me to play for the school Netball team from the age of 10.

Why do you take part in volunteering?

I take part because I love sport and wanted to

give something back to sport and help people enjoy it as much as I do.

How did you get involved in volunteering?

I got involved through my High School, Rhosnesni High and Wrexham Sports Development team.

Where do you volunteer (Days and times)?

I volunteer at Acton Junior School Rugby Club. Monday 3.20pm-4.15pm.

I also enjoy volunteering for other local sports events through the Easter and Summer school holidays.

Do you have any goals as to where you would like your volunteering to take you?

I would like to coach a local team sometime in the future. There is still a lot to learn!

Pure Energy Mile



Sports Development successfully saw over 200 children and young people taking part in the first pure energy mile at Alyn Waters Country Park on Sunday 30th April 2006. The Pure Energy Mile is a junior fun run covering a distance of one mile in the beautiful natural environment of Alyn Waters. Mayor of Wrexham Cllr Mike Edwards and his wife led the proceedings by starting the race and walking the course with the children. Every child received a fun bag, including health and fitness information and a certificate followed.

The event was delivered in partnership with Parks, Sports Development, Wrexham Athletics Club and Wrexham Healthy Schools.

Jump Rope Festival

Jump Rope is the British Heart Foundation's sponsored skipping challenge which provides organisations with resources to deliver health related activity to children and young people. It promotes the importance of maintaining a healthy heart through regular exercise, while raising vital funds for research into the causes of heart disease and its treatment. Sport development and Healthy Schools have been working in partnership to deliver a Jump rope festival, which was held at Plas Coch Sports Centre on Tuesday, March 28th 2006. Approximately 150 school pupils from years 5 and 6 attended from:

- Hafod Y Wern Juniors
- Gwenfro Juniors
- St Anne's Primary
- Borrass Park Juniors

The morning began with a group warm up session led by a BHF instructor to music, followed by a series of workshops lead by professional skippers which covered a variety of new skipping skills and demonstrations. Workshops were delivered in long rope skipping methods, partner skipping, two foot skipping, and alternative foot skipping. Various breaks enabled the children to revitalise with fruit and water. The festival closed with special performances by members of The Blue and White Rope Skippers, a world champion skipping demonstration team! Each child received a certificate of attendance, which were presented to them by their teachers on completion of the event.

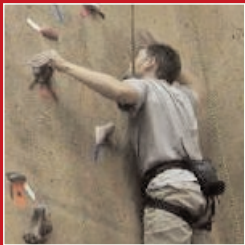
Community Sports Update

Basketball



Wrexham Sports Development and CRNCA Ltd in Cefn Mawr have teamed up to provide basketball sessions for juniors on a Wednesday evening from 3.30-5.00pm. The sessions are held on the MUGA in Cefn Mawr and anyone aged 7-11 boys and girls welcome. The session is taken by a fully qualified basketball coach who also plays for the national league team NEWI nets. The session is free so come and try out new skills and learn how to play the game!

Climbing Wall



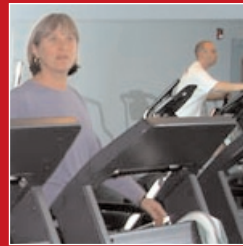
Wrexham Sports Development and Plas Madoc Leisure centre are looking to host an SPA qualification at the indoor climbing wall in the near future. Anyone interested in obtaining the qualification please register your interest with Sports Development.

Plas Madoc Football Team



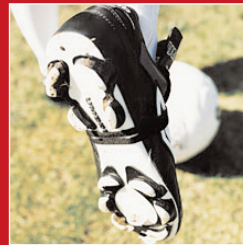
With the newly formed football coaching sessions going from strength to strength in Plas Madoc with new volunteers attracted to help run the teams. Plas Madoc has decided to enter into a league structure to give more opportunity for competitive playing opportunities. Anyone interested in helping out with the Plas Madoc Football Team please contact Claire Burrows.

Plas Madoc Fitter and Trimmer Club



Plas Madoc Fitter and Trimmer Club have teamed up with Sports Development and have applied for Community Chest funding to provide gentle exercise opportunities for their club based at the Opportunity Centre. The sessions have gone down extremely well with the group. The group have taken part in Pilates each week and have really enjoyed the sessions and look forward to continuing the exercise sessions.

Youth Football Festivals



Wrexham Sports Development have been working with Youth Centres and Youth Groups in the local area to provide informal 5 a side playing opportunities for Under 13 boys and girls, Under 15's and Under 18's. The sessions have proved to be extremely successful and have attracted a number of teams to the festivals. North Wales Police have also linked in with the project and provided on going support for the development of the project. North Wales Police have worked with Sports Development to attract a community chest grant for the running of the sessions.

The winners of the first festival were:
 Under 13 Boys - Whitegate Wonderers
 Under 13 Girls - Plas Madoc
 Under 15 Boys - Caia Park Partnership
 Under 18 Boys - Garden Village Army

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Caia Park Fit Club



Above, the group learn about the balance of good health with community dietitian Andrea Basu

Caia Park Fit Club was successfully launched in the community on May 15th 2006 at Caia Park Healthy Living. The 12 week programme provides people aged 25-44 years with an opportunity to take part in a variety of physical

activities, including fitness and gym sessions, learn new cooking skills and increase their knowledge of healthy eating and physical activity at no cost. Claire Broad, community sport development officer noted 'the scheme is a great way to educate people of the importance of healthy eating and physical activity in order to improve their overall health and well being!'

The Welsh Assembly Government is funding the programme as part of their food and fitness grant scheme, which is a working partnership with Sport Development, Rhosnesni Sports Centre and Caia

Park Healthy Living.





Primary School of the Year - Sponsored by Wrexham Evening Leader. Staff from All Saints Primary School in Wrexham with Jonathan Barnett of Wrexham Evening Leader.
Ysgol Gynradd y Flwyddyn - Noddwyd gan Wrexham Evening Leader Staff o Ysgol Gynradd yr Holl Saint yn Wrecsam gyda Jonathan Barnett o'r Wrexham Evening Leader.



Sportsmanship Award - Sponsored by Dragon Sport
Ashley Edwards from Rhosddu United Youth Football club with Graham Williams of Sports Council for Wales.
Gwobr Sportsmonaeth - Noddwyd gan Gampaur Ddraig
Ashley Edwards o glwb pêl-droed Ieuenctid Rhosddu United gyda Graham Williams o Gyngor Chwaraeon Cymru.



Coach of the Year - Sponsored by Football in the Community.
Jayne Hanlon from Wrexham Fencing Club with Andrew Davies of Football in the Community.
Hyfforddwr y Flwyddyn - Noddwyd gan Bêl-droed yn y Gymuned
Jayne Hanlon o Glwb Cleddyfaeth Wrecsam gydag Andrew Davies o Bêl-droed yn y Gymuned.



Junior Sports Personality of the Year - Sponsored by Brymbo Sports & Social Complex. Lowri Tynan from Wrexham Swimming Club with Malcolm Kendrick of Brymbo Sports & Social Club.
Personoliaeth Chwaraeon Iaur Flwyddyn - Noddwyd gan Ganolfan Chwaraeon a Chymdeithasol Brymbo. Lowri Tynan o Glwb Nofio Wrecsam gyda Malcolm Kendrick o Glwb Chwaraeon a Chymdeithasol Brymbo.



Senior Sports Personality of the Year - Sponsored by Sport@NEWI.
Lydia Johnson from Wrexham Fencing Club with Claire Doran of Sport@NEWI.
Personoliaeth Chwaraeon Hyn y Flwyddyn - Noddwyd gan Chwaraeon@NEWI. Lydia Johnson o Glwb Cleddyfaeth Wrecsam gyda Claire Doran o Chwaraeon@NEWI.



Club of the Year - Sponsored by RAM Leisure. Lynne McLeod from Wrexham Fencing Club with Kim Richards of RAM Leisure.
Clwb y Flwyddyn - Noddwyd gan RAM Leisure. Lynne McLeod o Glwb Cleddyfaeth Wrecsam gyda Kim Richards o RAM Leisure.



Senior Volunteer of the Year - Sponsored by Kelloggs
Rachel Pearce from Borras Park Albion Football Club with Andy Threlkeld of Kelloggs.
Gwirfoddolwr Hyn y Flwyddyn - Noddwyd gan Kelloggs
Rachel Pearce o glwb pêl-droed Borras Park Albion gydag Andy Threlkeld o Kelloggs.



Arnold Griffiths Service to Sport Award. Ray Jones from Wrexham Swimming Club with Mrs Sheila Griffiths, Alan Watkin - Chief Leisure, Libraries & Culture Officer, Mrs Vicky Barlow - Mayoress of Wrexham and Mr George James - Mayor of Wrexham.
Gwobr Gwasanaeth i Chwaraeon Arnold Griffiths. Ray Jones o Glwb Nofio Wrecsam gyda Mrs Sheila Griffiths, Alan Watkin - Prif Swyddog Hamdden, Llyfrgelloedd a Diwylliant, Mrs Vicky Barlow - Maeres Wrecsam a Mr George James - Maer Wrecsam.



Junior Volunteer of the Year - Sponsored by Kelloggs. Football volunteer Sian Smith received her award from Andy Threlkeld of Kelloggs.
Gwirfoddolwr Iaur Flwyddyn - Noddwyd gan Kelloggs. Derbyniodd y wirfoddolwr iaur bêl-droed, Sian Smith, ei gwobr gan Andy Threlkeld o Kelloggs.



Secondary School of the Year - Sponsored by Wrexham Evening Leader.
Glyn Jones from St Christophers' School, Wrexham with Jonathan Barnett of Wrexham Evening Leader.
Ysgol Uwchradd y Flwyddyn - Noddwyd gan y Wrexham Evening Leader.
Glyn Jones o Ysgol Sant Christopher, Wrecsam gyda Jonathan Barnett o'r Wrexham Evening Leader.



Disability Sports Personality of the Year - Sponsored by North Wales Regional Tennis Centre. Badminton player Stephen Davies with North Wales Regional Tennis Centre manager Adrian Jones.
Personoliaeth Chwaraeon Anabled y Flwyddyn - Noddwyd gan Ganolfan Tennis Rhanbarthol Gogledd Cymru. Y chwaraewr badminton, Stephen Davies, gyda rheolwr Canolfan Tennis Rhanbarthol Gogledd Cymru, Adrian Jones.



Team of the Year - Sponsored by Rex Stevens Education & Training Consultancy. Wrexham Junior Commonwealth Fencing Team with sponsor Rex Stevens.
Tim y Flwyddyn - Noddwyd gan Ymgynghoriaeth Addysg a Hyfforddi Rex Stevens. Tim Cleddyfaeth Iaur Gymanwlad ar gyfer Wrecsam gyda'r noddwr Rex Stevens.

