Red Cross – Wrexham Carers Emergency Card

Do you worry about what would happen to the person you care for if you were suddenly taken ill or had an accident? If “YES” then The British Red Cross can help you with our Carers Emergency Support Service

What is the Carers’ Emergency Card?
It is a credit card sized and you should carry it with you at all times. The British Red Cross & Chester Care will hold your details which will be used as an instant source of identification in case of an accident or serious illness using your unique card number (located at the top right of your card). Help can then be co-ordinated to assist you both while you are receiving attention. One phone call will ensure the person you look after is safe.

How does the service operate?
You register with the service by completing an enrolment form. This form holds information about you, the person you look after and the action that is needs to be taken in case of an emergency. The British Red Cross and Chester Care hold this information and it is treated in the strictest confidence.

How can I join?
To join this service please:

> Phone the British Red Cross office on: (01978) 725204
> Or e-mail to: janet.clays@wales.nhs.uk
> Or write to: The British Red Cross Carers’ Emergency Support Service Croesnewydd Road Wrexham LL13 7TD

You will then be sent an enrolment form for you to register with the service.
Any queries about the service please do not hesitate to contact us!
Home from Hospital service

Is the person you care for currently in hospital? Worried how you’re going to cope when they are discharged? You needn’t be because the Red Cross can help!

What do you provide?
Our Home from Hospital service can be provided for up to six weeks following discharge from hospital. A trained volunteer can visit once a week to provide company, friendship and help them settle back in to home life.

They can also provide:

> Respite for Carers – Allowing carers to have a well deserved break.
>
> Companionship.
>
> Collecting Prescriptions.
>
> Shopping for Essential Groceries.
>
> Confidence Building.
>
> Sign Posting on to other organisations / social activities which could also help if you wish.

How do I access this service?
Ring the office on (01978) 725204 Please note we can only provide this service if the patient has recently been in hospital or has been discharged from hospital.
Medical Loans Service & Practical Aids for Living Service

Does the person you care for need a loan of medical equipment such as a wheelchair? If “YES” the British Red Cross can help you.

We provide up to three month loan of wheelchairs to people during temporary illness or while awaiting their own NHS wheelchair to be provided. We also stock a variety of practical aids for sale at a reasonable price. Please call us to find out what is on offer.

Is there a cost?
We have an incredibly competitive fee compared with private wheelchair services. We ask for a minimum donation of £35 for up to 12 weeks.

How do I get a loan from you?
Ring (01978) 727438 and one of our co-ordinators here at The British Red Cross will take some details about the person you care for, for example their weight and medical condition to ensure the right wheelchair is issued to them.
You will then be able to collect your wheelchair/commode from the Red Cross office which is located on the Wrexham Maelor Hospital Site, Entrance Three, Across the Path Lab, in a burgundy Portacabin.

If you wish for the delivery of a wheelchair then please contact us and we may be able to arrange a home delivery.

Opening times: Monday to Friday 10.00-12.00 noon & 1.30-3.30pm
Telephone number: 01978 727438
First Aid Training

Many people die every year in the UK from incidents where first aid could have made a crucial difference.

We provide first aid training for every need, including a range of courses for members of the public. We offer bespoke courses for specific groups – such as community groups, people with disabilities or school groups – that will focus on their particular needs. We offer two distinct approaches to learning first aid for members of the public.

**Everyday First Aid Sessions (one to two hours)**
This is a flexible way of learning basic first aid skills - simple to learn and easy to remember. Using everyday scenarios and items, these sessions cover the first aid skills that are most relevant to you in a relaxed and informal atmosphere.

**First Aid Courses**

**Emergency life support (four hours)**
This short course covers some key life-saving skills and will give you the confidence to deal with many emergencies – such as unconsciousness, choking and bleeding.

**General first aid (one day)**
This course covers all the common first aid situations anyone could face – such as dealing with unconsciousness, burns, bleeding, choking, broken bones, diabetes and head injuries.

For further information contact:
Jenny Evans - Community First Based Aid Coordinator
01745 828346 - JMEvans@redcross.org.uk - www.redcross.org.uk
Therapeutic Care Services – For Carers
The Red Cross provides therapeutic care massages for carers. This involves a relaxing hand neck and shoulder massage, given through clothing, to assist with stress relief. This service is provide in conjunction with The Wrexham Carers Service and if you are interested please contact them to find out when the next sessions are being held on (01978) 318812.