Step Up : Step Down Beds in Wrexham

Part of the Wrexham Intermediate Care Service
Why have I been given this leaflet?

You have been given this leaflet because it is felt that you would benefit from a period of Intermediate Care, and specifically a short period of Intermediate Care within one of our specially selected residential care homes.

This leaflet explains a little more about what we mean by this, and why we provide this service.

Our vision for better services

Betsi Cadwaladr University Health Board and Wrexham Adult Social Care Department are working together to make sure that people in Wrexham receive the ‘right care, at the right time, in the right place, and by the right professionals.’

This means that we aim to provide care and support to you in your own home, or close to home, where we can. However, if you do need to go to hospital, we promise to make sure you are there only for as long as you need to be.

What are Step Up: Down Beds?

One way that we aim to make sure people receive the ‘right care, at the right time, in the right place, and by the right professionals’ is through the use of ‘Step Up: Down Beds’. These short-stay beds are available within a small number of specially selected residential care homes. These beds form part of our Intermediate Care Service.

Further information on what the Intermediate Care Service can do for you can be found on the accompanying Intermediate Care Information Leaflet.
Whilst the Intermediate Care Team aim to deliver care and support to people in their own homes, there are times when this is not possible. If the Team feel that your needs would be best met outside of hospital, but that your needs cannot be met at home, a bed will be provided for you in one of our specially selected residential care homes.

A short-stay will be provided to you whilst you regain your mobility and daily living skills. The aim is to enable you to return to living safely in your own home. There is no charge for this service.

What care will I receive when I am there?

Staff within the residential care home will work with you to ensure your care and support needs are met; they will work with you in such a way as to promote your independence and support you to regain or maintain your skills in undertaking everyday tasks.

When you were accepted onto the Intermediate Care Service you will have had a full needs assessment. A ‘Treatment Plan’ will then be agreed with you to involve support from both therapists and support staff to improve the skills you have, and help you stay independent. Members of the Team will come into the residential care home to provide you with the specialist care and support you require. Members of the Team may be asked to do more assessments of your needs to ensure you receive the right support.
How much will the service cost me?

All support provided through the Intermediate Care Service is free of charge for as long as you are receiving this service.

If you require other services after this service ends you will be charged according to the Council’s current arrangements. An appropriate support plan will be agreed with you reflecting this and a financial assessment will be carried out with you to inform you of any charges to your care. For more information on paying for social care services, please ask for our Paying for Social Care information leaflet.

For further information contact:

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