

# MENU 2019/20

## WEEK ONE

### MONDAY

OVEN BAKED SAUSAGE  
OR MACARONI CHEESE **V**  
WAFFLES/CRUSTY BREAD  
BEANS/PEAS  
FLAPJACK

### TUESDAY

CHICKEN CURRY & NAAN BREAD  
OR CRISPY GOLDEN NUGGETS **V**  
RICE/WEDGES  
GREEN BEANS/SWEETCORN  
COCOA COOKIE

### WEDNESDAY

BEEF BURGER BAP  
OR BBQ QUORN PASTA BAKE **V**  
DICED POTATOES/CRUSTY BREAD  
COLESLAW/SALAD  
JELLY & FRUIT

### THURSDAY

ROAST PORK & STUFFING  
OR QUORN FILLET **V**  
MASHED POTATOES  
BROCCOLI/CARROTS  
APPLE CRUMBLE & CUSTARD

### FRIDAY

SALMON FINGERS  
OR CHICAGO TOWN PIZZA **V**  
CHIPS  
PEAS/SALAD  
FROZEN YOGHURT

## WEEK TWO

### MONDAY

BREADED CHICKEN FILLET  
OR  
QUORN CURRY & NAAN BREAD **V**  
DICED POTATOES/RICE  
BEANS/SWEETCORN  
ICE CREAM ROLL & PEACH SLICES

### TUESDAY

COTTAGE PIE  
OR  
CHEESE & BEAN PASTY **V**  
MASHED POTATOES/WEDGES  
CARROTS/PEAS  
MOUSSE DESSERT SLICE

### WEDNESDAY

PORK MEAT BALLS IN TOMATO  
SAUCE & SPAGHETTI  
OR VEGGIE BRUNCH **V**  
CRUSTY BREAD/HASH BROWNS  
SWEETCORN/BEANS  
FRUIT SUNDAE

### THURSDAY

ROAST CHICKEN & STUFFING  
OR QUORN FILLET **V**  
MASHED POTATOES  
FARMHOUSE MIXED VEG  
CHOCOLATE SPONGE &  
CHOCOLATE SAUCE

### FRIDAY

FISH STARS  
OR QUORN BURGER **V**  
CHIPS  
PEAS/COLESLAW  
CORNFLAKE CAKE

## WEEK THREE

### MONDAY

PULLED PORK BAP  
OR TOMATO & BASIL PASTA **V**  
POTATO WEDGES/CRUSTY BREAD  
SALAD/SWEETCORN  
JAM SPONGE & CUSTARD

### TUESDAY

HUNTERS CHICKEN  
OR QUORN NUGGETS **V**  
CHIPS  
PEAS/BEANS  
MANDARIN & CHOCOLATE  
MOUSSE

### WEDNESDAY

PEPPERONI PIZZA  
OR COUNTRY VEG BAKE **V**  
DICED POTATOES  
SPAGHETTI HOOPS/COLESLAW  
MUFFIN MEDLEY

### THURSDAY

ROAST BEEF & YORKSHIRE PUDDING  
OR QUORN FILLET **V**  
MASHED POTATOES  
CARROTS/BROCCOLI  
FRUIT & ICE CREAM

### FRIDAY

SALMON FILLET  
OR FILLED OMELETTE **V**  
CHIPS  
SALAD/PEAS  
MINI DOUGHNUTS

ALSO AVAILABLE - FILLED JACKET POTATOES, PACKED LUNCHES, SALAD AND FRESH FRUIT

Key **V** = Vegetarian

NOVEMBER 2019

MON	TUES	WED	THURS	FRI	SAT	SUN
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

DECEMBER 2019

MON	TUES	WED	THURS	FRI	SAT	SUN
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

JANUARY 2020

MON	TUES	WED	THURS	FRI	SAT	SUN
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

FEBRUARY 2020

MON	TUES	WED	THURS	FRI	SAT	SUN
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

MARCH 2020

MON	TUES	WED	THURS	FRI	SAT	SUN
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

APRIL 2020

MON	TUES	WED	THURS	FRI	SAT	SUN
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

MAY 2020

MON	TUES	WED	THURS	FRI	SAT	SUN
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

JUNE 2020

MON	TUES	WED	THURS	FRI	SAT	SUN
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

JULY 2020

MON	TUES	WED	THURS	FRI	SAT	SUN
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

AUGUST 2020

MON	TUES	WED	THURS	FRI	SAT	SUN
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

SEPTEMBER 2020

MON	TUES	WED	THURS	FRI	SAT	SUN
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

OCTOBER 2020

MON	TUES	WED	THURS	FRI	SAT	SUN
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

■ WK 1 ■ WK 2 ■ WK 3 ■ HOLIDAYS

FOR ANY INFORMATION PLEASE GO TO: [WWW.WREXHAM.GOV.UK/SCHOOL\\_MEALS](http://WWW.WREXHAM.GOV.UK/SCHOOL_MEALS) OR EMAIL US AT [SCHOOLMEALS@WREXHAM.GOV.UK](mailto:SCHOOLMEALS@WREXHAM.GOV.UK)