

HIGH SCHOOL MENU 2019-2020

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Break	Breakfast bap	Sausage bap	Bacon bap	Bacon turnover	Breakfast bap
Daily main course 1 £1.98	Cottage pie	Chicken wok pot	Chicken curry	Lasagne garlic bread finger	Fish fingers
Daily main course 2 £1.98	Margheritta pizza	Vegetable wok pot	Turbo box	Quorn wrap	Beef burger bap
Served with	Wedges / peas / beans / gravy	Diced potato / peas / carrots	Mash potato / rice / farmhouse vegetables / gravy / naan bread	Wedges / peas / beans / salad	Chips / peas / beans
pudding of the day 75p - £1.00	Cupcake	Apple pie with custard	Krispie cake	Fruit salad and ice cream	Chocolate brownie
Daily special £2.45	Chicken Balti and naan bread	Breakfast grill	Roast beef dinner	Hunters chicken	Battered fish
Deli bar individually priced	Chicken burger	Jumbo hot dog	Ranch wrap	Southern style chicken in a bun	Burger bun selection

- **Breakfast – also available - breakfast panini; cheese toasty; toasted teacakes; crumpets; bagels; beans on toast; toast; French bread pizza/pizzini.**
- **Lunch - also available – filled jacket potatoes, boxed salads, sandwiches, baguettes, wraps, Theo’s, panini’s, Chicago Town pizza, pasta pots.**
- **Dessert choice 59p - £1 – Assorted cookies; cakes; welsh fruit yoghurt; fresh fruit.**
- **Drinks 59p - £1.23 – Milk; water; fruit juice; hot drinks.**
- **Daily main course and pudding of the day £2.45.**
- **As an alternative to the pudding in the Daily Main Course option you can choose either a piece of fresh fruit or a 200ml fruit juice.**

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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Break	Breakfast bap	Sausage bap	Bacon bap	Bacon turnover	Breakfast bap
Daily main course 1 £1.98	Bolognese and garlic herb bread	Baked sausage	Beef chilli	Chicken and broccoli pie	Topped ciabatta
Daily main course 2 £1.98	Margheritta pizza	Quorn and sweet potato curry	Turbo box	Quorn wrap	Salmon fillet
Served with	Wedges / peas / broccoli	Creamed potatoes / rice / beans / peas / gravy	Rice / mashed potatoes / farmhouse vegetables / gravy	Wedges / peas / carrots / coleslaw	Chips / peas / beans
Pudding of the day 75p - £1.00	Melon and ice cream	Chocolate sponge and chocolate sauce	Apple crumble and custard	Lemon muffin	Cocoa cookie
Daily special £2.45	Chicken Balti and naan bread	Breakfast grill	Roast chicken dinner	Hunters chicken	Battered fish
Deli bar individually priced	Chicken burger	Jumbo hot dog	Ranch wrap	Southern style chicken in a bun	Burger bun selection

- **Breakfast – also available - breakfast panini; cheese toasty; toasted teacakes; crumpets; bagels; beans on toast; toast; French bread pizza/pizzini.**
- **Lunch - also available – filled jacket potatoes, boxed salads, sandwiches, baguettes, wraps, Theo’s, panini’s, Chicago Town pizza, pasta pots.**
- **Dessert choice 59p - £1 – Assorted cookies; cakes; welsh fruit yoghurt; fresh fruit.**
- **Drinks 59p - £1.23 – Milk; water; fruit juice; hot drinks.**
- **Daily main course and pudding of the day £2.45.**
- **As an alternative to the pudding in the Daily Main Course option you can choose either a piece of fresh fruit or a 200ml fruit juice.**