

**OVER  
11**

# Measuring the Pledge

Children and young people have 42 rights under the United Nations Convention on the Rights of the Child (UNCRC). These 42 rights give children and young people what they need to grow up happily, healthily and safely.

[Read a summary of every right.](#)



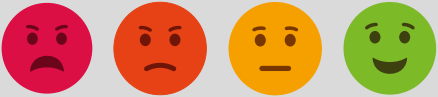
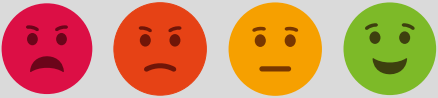
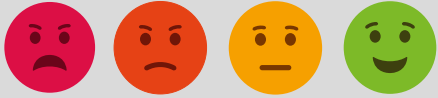
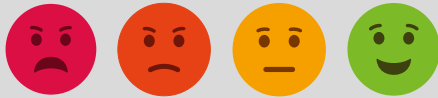
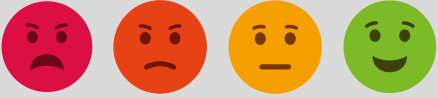
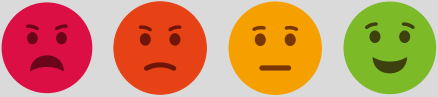
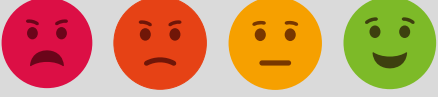
Name: ..... Signature: .....

Date: ..... Social Worker: .....

**The Pledge is a set of promises based on children's rights.  
All adults who work with you should ensure that the pledge really is what happens  
- if it does not tell us!**

SECTION	RATING (PLEASE TICK)	COMMENT
<b>SAFE</b> - We will help you to stay safe and be there for you when you need us.		
<b>HEALTHY</b> - We will help you live a healthy life both physically and mentally.		
<b>HONESTY</b> - We will tell you about everything that you are entitled to in a clear and open way		

This form should be completed by the child/young person. Their social worker or another person of their choice can support them to do this if required. Please make sure that every child/young person has a full copy of the pledge for reference purposes.

SECTION	RATING (PLEASE TICK)	COMMENT
<p><b>CONSISTENT</b> - We will try not to change your social worker unless you request to change them. If we do have to change your social worker, we will tell you why.</p>		
<p><b>HOME</b> - We will give you a consistent place to live where you feel safe and cared about.</p>		
<p><b>CONTACT</b> - Where possible we will help you to see your family and other people important to you.</p>		
<p><b>LISTENED TO</b> - We will give you different ways to have your voice heard. We will listen and take your views seriously. We will help you deal with your problems.</p>		
<p><b>RESPECT</b> - We will treat you in a friendly and respectful way and act in a way to respect your confidentiality and privacy.</p>		
<p><b>SUCCEED</b> - We will support you to gain independent living skills, to prepare you as you get older to successfully leave care, become adults and live on your own.</p>		
<p><b>ACHIEVE</b> - We will help you to have fun and achieve great things, both in school and other activities.</p>		
<p><b>SOCIALISE</b> - We will support you to join in with activities, groups and organisations that you want to so that you don't feel isolated.</p>	